



Dear Sirs,

The Checkmate FAB fall arrest block units can be used with a mobile man anchor, i.e. the locking function or braking systems are not affected by rotation of the device. We do however stress that if used in a horizontal form the user has checked for sharp edges, risk of pendulum (SWING) falls and the area beneath is clear from any obstruction.

There is also a tendency for the wire rope to drop to one side of the block due to gravity and periodically the lifeline should be pulled out to its entire length and allowed to return slowly and under control.

Any of the above or the guidance given does not however negate the need for a thorough risk assessment that includes, ground clearance, obstructions, swing falls, anchorage height, sharp edges etc and the provision for rescue.

Yours Faithfully

Mark Hesslegrave  
Sales Director  
Checkmate Safety LLP